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Глава 5 — Социальное влияние — Психология межличностных отношений

5.1 Конформность — изменение поведения группой давления

Социальное давление оказывает мощное воздействие на индивидуальное поведение. Классические эксперименты Соломона Аша показали, что значительная часть испытуемых (около трети) соглашается с явно неверными суждениями группы, если все остальные участники единодушно дают ошибочный ответ. Encounter Конформность проявляется особенно сильно в ситуациях неопределенности и при отсутствии объективных критериев правильности.

Различают два основных механизма. Первый — информационный: человек принимает мнение группы, считая его источником достоверной информации. Второй — нормативный: человек подчиняется, чтобы избежать отвержения или получить одобрение. Различение 'внутренней конформности' и 'внешнего согласия' важно для понимания устойчивости изменений: первое обычно глубже и долговременнее. Многие исследования подтверждают эту разницу.

Культурные, возрастные и ситуационные различия влияют на выраженность конформности: коллективистские культуры демонстрируют более высокие показатели.

Сравнение видов влияния группы

Вид влияния	Механизм	Пример проявления
Информационное влияние (принятие решения группой)	Неопределенность и поиск достоверной информации	Член группы в сомнительной ситуации ориентируется на мнение большинства, считая его более точным, чем собственное.
Нормативное влияние / давление большинства	Стремление избежать отвержения и получить одобрение	Человек соглашается с явно ошибочным суждением, чтобы не выделяться и не вызвать недовольство; изменение часто поверхностное;

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Crisis: call or text 988 | Emergency: 911 | SAMHSA: 1-800-662-4357

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